

Operation: Can You Hear Me? Military Couples Retreat



- ✓ Are you a military spouse?
- ✓ Are you interested in learning better communications skills?
- ✓ Do you need a new toolbox of techniques to enhance your relationship?
- ✓ Are you struggling to connect?

Whether your relationship is strong and healthy, struggling to survive, or somewhere in between, join us for our mini retreat designed to enhance your relationship. This retreat is designed to strengthen communication and restore connection and intimacy with practical skills.

WHO This course is designed for military-connected couples.

WHAT Designed for a one day retreat for military couples to learn and practice communication skills. Participants will learn techniques and engage in break out sessions.

WHEN Saturday, February 22 from 9 a.m. to 3 p.m. Lunch included!

WHERE 20800 Madrona Avenue, Suite C-100
Torrance, CA 90503

LEARN MORE & SIGN UP

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<https://bit.ly/40rDvbE>



The Steven A. Cohen
Military Family Clinic
at VVSD