

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's office at (310) 618-2780. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28CFR35.102-35.104 ADA Title II] Direct questions or concerns to the Commission Liaison at (310) 618-2935 prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda. The Commission on Aging is an advisory body to the City Council that meets the first Tuesday of each month at 9:30 a.m. in the West Annex Commission Meeting Room. All meetings are open to the public.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, APRIL 4, 2023
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT CITY HALL, 3031 TORRANCE BOULEVARD
TORRANCE, CA 90503**

**COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commissioners Davis___, Grundhaus___, Hileman___, Mayfield___,
Pryor___, Snyder___, Chairperson Dojiri___

2. FLAG SALUTE: Chairperson Dojiri

WORDS OF INSPIRATION: Commissioner Hileman

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on THURSDAY, MARCH 30, 2023.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited to a 15 minute period)

This portion of the meeting is reserved for public comment on items on the agenda or on topics of interest to the general public. Under the Ralph M. Brown Act, Commissioners cannot act on items raised during public comment but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. Speakers under this Public Comment period will have no longer than 1 minutes per speaker. Your comment to the Commission meeting will be recorded as part of the meeting. By staying in the meeting and making public comment during the meeting, you are agreeing to have your comment recorded.

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Commissioner from the Consent Calendar and considered separately.

6A. APPROVAL OF MINUTES: March 7, 2023

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION– TORRANCE FIRE DEPARTMENT MOBILE STROKE UNIT

Presentation by Mike Buchs, Firefighter Paramedic, Torrance Fire Department.

7B. DISCUSSION– OLDER AMERICANS AWARDS

Recommendation of the Community Services Director that the Commission on Aging discuss the 2023 Older Americans Awards.

7C. DISCUSSION– TORRANCE CENTENARIAN PROGRAM

Recommendation of the Community Services Director that the Commission on Aging discuss further details of the Centenarian Program and receive an update from staff.

7D. DISCUSSION– SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

7E. ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging assign or reassign senior concerns for reports on:

- City Council Activities - Commissioner Hileman
- Housing - Commissioner Pryor
- Health - Commissioner Mayfield
- Transportation - Commissioner Snyder
- Community Programs - Commissioner Grundhaus
- Focal Point Programs - Chairperson Dojiri
- Elder Abuse/Fraud - Commissioner Davis

8. ORAL COMMUNICATIONS #2 COMMISSIONERS/STAFF

(Limited to a 15 minute period)

Comments under this portion of the agenda are limited to items not on the agenda and to no longer than three (3) minutes per speaker. Under the provisions of the Brown Act, the Commission is prohibited from taking action or engaging in discussion on any item not appearing on the posted agenda.

9. ADJOURNMENT

9A. To the regular meeting of the Commission on Aging on Tuesday, May 2, 2023 at 9:30 a.m. located in the West Annex Commission Meeting Room at City Hall, 3031 Torrance Blvd.

**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, March 7, 2023 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Davis, Grundhaus, Hileman, Mayfield, Pryor, *Snyder and Chairperson Dojiri

Absent: None.

Also Present: Recreation Services Manager Garrett Craig,
Recreation Supervisor Jesus Castro.

* Commissioner Snyder arrived at 9:31 a.m.

2. FLAG SALUTE

Chairperson Dojiri led the Pledge of Allegiance and Commissioner Hileman read inspirations provided by Irene Griffith.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Senior Supervisor Castro reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, March 2, 2023 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

None.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – February 7, 2023 Commission of Aging and Joint City Council

MOTION: Commissioner Snyder moved and Commissioner Mayfield seconded, to approve the minutes of the Commission on Aging meeting of February 7, 2023, as amended to read, under Item 7D, third paragraph, *Chairperson stated that she would announce the award at the Joint Commission Council meeting* and to approve the minutes of the Joint City Council, as submitted. The motion passed by a unanimous voice vote.

7. ADMINISTRATIVE MATTERS

7A. DISCUSSION – LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY C-LINE EXTENSION

Senior Business Manager Mach presented the report on the item. He stated that the LA Metro C-Line Extension to Torrance Transit Center was a 4.5-mile light rail system from Redondo Beach, with 2 proposed stops: Redondo Beach and the Mary K. Giordano Regional Transit Center in Torrance. He listed and discussed the three possible options:

- Light Rail on Metro Right-of Way Elevated/At-Grade (Proposed Project) - estimated completion Fall 2033
- Light Rail on Metro's Rail Right -of Way/Trench (Trench Option) - estimated completion Fall 2036
- Not on Rail Right of Way and Runs Down Hawthorne Boulevard (Hawthorne Option)- estimated completion Fall 2035

He noted that the City Council had voted unanimously to support Proposed Project: Right -of-Way with Elevated/At Grade option. He discussed the reasons why the extension was needed: to provide an alternative to driving on the 405 Freeway, to reduce air pollution and greenhouse gases, to avoid and minimize environmental impacts on resources and provide a more equitable access to regional destinations by improving connections to the LA Metro regional rail system. He reviewed the list of those who would utilize the project: drivers on the 405 Freeway, travelers on the main arteries in the South Bay, South Bay region-wide commuters and Los Angeles International Airport (LAX) passengers. He pointed out that the project was estimated to serve 65,000 jobs in the project area by 2042 and added that majority of the ridership would be traveling to and from Torrance. He indicated that the 2028 Olympics in Los Angeles would create a need for hotels and team practice areas in the region.

Senior Business Manager Mach reviewed the regional benefits of the destination connections provided by extension for both the Mary K. Giordano Regional Transit Center in Torrance and the larger region.

Senior Business Manager Mach provided details on impacts, costs and completion time lines on the three project options and noted that Light Rail on Metro Right-of Way Elevated/At-Grade (Proposed Project) had the best chance of being completed by the 2028 Olympics, as it utilized the existing LA Metro Right-of Way, had State funding through Measure R and Measure M as well as additional State funding. He pointed out that the project also avoided traffic and parking impacts on Hawthorne Boulevard. He noted that residents could email, phone or mail their questions, concern or comments to Metro through March 27, 2023. He explained that the LA Metro Board would make the final decision on the option.

MOTION: Commissioner Hileman moved and Commissioner Mayfield seconded, to receive and file the presentation on Los Angeles County Metropolitan Transportation Authority C-line extension. The motion passed by a unanimous voice vote.

7B. PRESENTATION – CITY OF TORRANCE EMERGENCY OPERATIONS CENTER

Emergency Services Coordinator Day presented the report for the item. She listed the five pillars of Emergency Management: prevention, mitigation, preparedness, response and recovery and noted that she would be addressing the subject of preparedness. She discussed types of natural hazards, such as flooding in the City and hazards in the home. She noted that it was important for residents to know who their neighbors were. She explained that in the event of an emergency, such as an earthquake, residents would need to have a disaster plan and prepare to be self-sufficient in their home for a least three days, with an adequate supply of medication, food and water supplies for family members and pets. She reviewed “shelter-in-place” and the systems of Torrance Alerts and CitiCable, both which provided information on weather and emergency alerts.

Emergency Services Coordinator Day announced that the Emergency Operations Center would have a booth and handouts at an Open House at the City Yard on Saturday, June 10, 2023 from 10:00 a.m. to 2:00 p.m. She stated that CERT trainings were announced in the City Seasons Catalog and added that her office had information on CERT training available in other cities.

7C. DISCUSSION: OLDER AMERICAN AWARDS:

Senior Supervisor Castro stated that he had received only two applications for the Older American Award and noted that the deadline to submit a candidate for the Los Angeles County award was March 30, 2013.

Recreation Services Manager Craig explained that in order to meet the deadlines, after March 23, 2023, staff would send all applications to each of the Commissioners and each Commissioner would independently review the available candidates and email their recommendations to Senior Supervisor Castro, who would then make the final decision.

Chairperson Dojiri noted that she had made an announcement about the award on CitiCable.

7D. DISCUSSION: TORRANCE CENTENARIAN PROGRAM:

Chairperson Dojiri announced that Mary Edna Campazzie, who was 103, would receive the first Centenarian award at the City Council meeting of March 14, 2023.

Senior Supervisor Castro noted that 15 members of Mrs. Campazzie’s family would attend the Council meeting and noted that the members of the Commission on Aging were invited to attend. He confirmed that he would send the proclamation created for Mrs. Campazzie to the Commission in advance of the meeting.

Chairperson Dojiri requested that an article on the award and the recipient be included in the Senior Center newsletter.

7E. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS:

Commissioner Hileman recommended that the paramedics and the stroke unit come to speak.

Commissioner Grundhaus requested an attorney to speak on trusts and someone to speak on hoarding/decluttering.

7F. Oral Reports on Senior Citizens Concerns

1. City Council Activities

Chairperson Dojiri reported that she had announced the Older American Awards at the Council meeting.

2. Housing

No report.

3. Health

Commissioner Hileman announced a seminar hosted by H.E.L.P. on long term care options on May 18, 2023 at 10:30 a.m. at the Katy Geissert Civic Center Library.

4. Transportation

No report.

5. Community Programs

Commissioner Davis stated that South Bay Village would be honoring their office managers.

Chairperson Dojiri announced that there would be a Cherry Blossom Cultural Festival at Columbia Park on March 26, 2023 from 11:00 a.m. to 4:00 p.m.

Commissioner Hileman announced a program called Monarch Madness Trivia and Tea at the Katy Geissert Civic Center Library on April 15, 2023 at 2:30 p.m.

6. Focal Point Program

Commissioner Snyder reported the following statistics for the month of:

February 2023

Total number of documented calls: 25	Web Inquiries: 10
Miscellaneous calls: 55	Total number of calls received: 80

Of the documented calls there were the following requests:

Most requested was housing	requests for in home services 12%
requests for legal help 20%	

7. Elder Abuse/Fraud

No report.

The Commissioners discussed and confirmed new assignments for Oral Reports on Senior Citizens Concerns:

- **City Council Activities**-Commissioner Hileman
- **Housing**-Commissioner Pryor
- **Health**-Commissioner Mayfield
- **Transportation**-Commissioner Snyder

- **Community Programs**-Commissioner Grundhaus
- **Focal Point**-Chairperson Dojiri
- **Elder Abuse and Fraud**-Commissioner Davis

Chairperson Dojiri requested that on each meeting agenda, the Commissioner's name be listed next to their assigned topics.

In response to a question from Chairperson Dojiri, Recreation Services Manager Craig stated that the Commission could select the information that they wished to present under each of the topics under Oral Reports.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Chairperson Dojiri stated that she had emailed all of the Council members after the joint meeting to thank them for attending.

Recreation Supervisor Castro announced that he had received a commitment letter from Mayor Chen for the City to join the AARP Network of Age-Friendly States and Communities. He confirmed that he had submitted the letter along with an application and had been able to create a profile for the Commission as coordinator for the City of Torrance under the AARP Network of Age-Friendly States and Communities. He explained that he had received a reply which confirmed the application and contained information on the timeline and the steps involved in the process. He added that the Commissioners would be able to log into the system and create their own profiles as stakeholders.

Recreation Services Manager Craig stated that an item on AARP Network of Age-Friendly States and Communities would be on an upcoming meeting agenda.

9. ADJOURNMENT

9A. At 11:07 a.m., Commissioner Davis moved to adjourn the meeting to the regular meeting on Tuesday, April 4, 2023, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Grundhaus and a roll call vote reflected unanimous approval.

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MOBILE STROKE UNIT



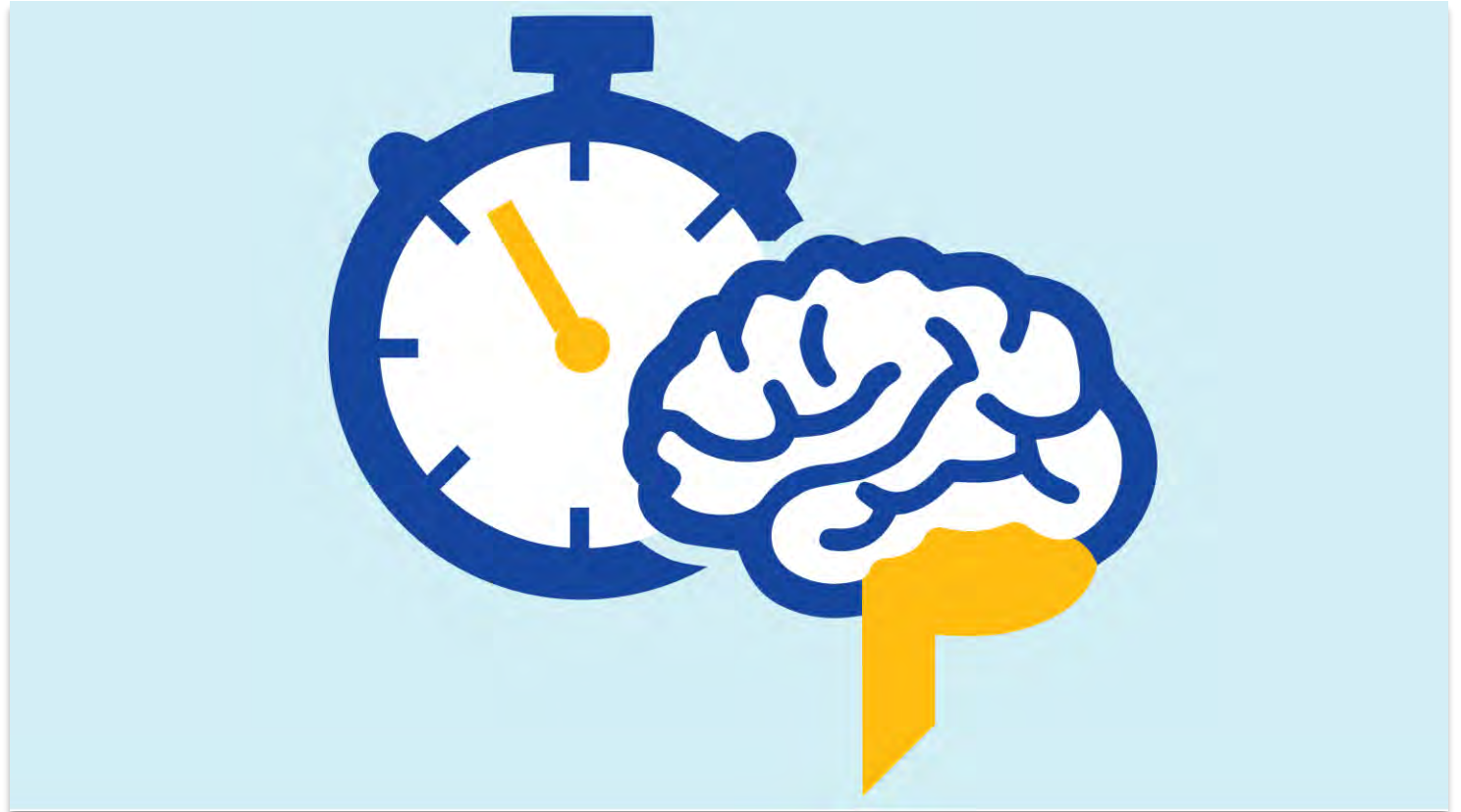


What if We Could Bring the Hospital to the Patient?

Conclusive Prehospital Diagnosis & Hyperacute
Initiation of Life Saving Treatment

Time Lost is Brain Lost

- Stroke is a Golden Hour Emergency
- For each minute with lack of blood flow to brain tissue, **2 million brain cells die**



CLINICAL OPERATIONS

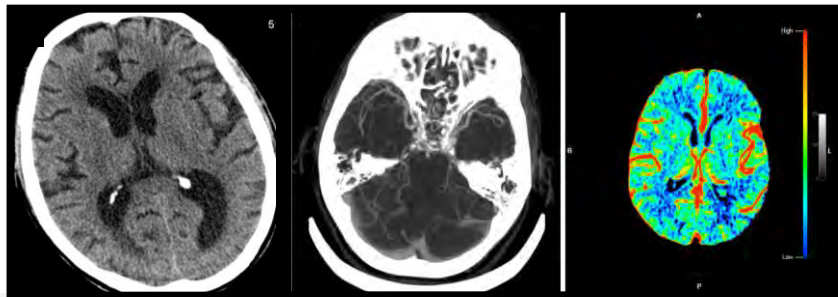
Clinical Team

Vascular Neurologist,
Firefighter Paramedic,
Critical Care Nurse, CT
Technologist
Laboratory



Chem 8+
CoaguCheck

Imaging Capability



Treatment Capability

Ischemic Stroke



Hemorrhagic Stroke



Other Tx: IVF, anti-platelets, anti-epileptics,
anaphylaxis tx, anti-emetics, anti-hypertensives,
ACLS tx

RAPID by iSchemaView

Worldwide Leader in Advanced Stroke Imaging

CTA maps in axial, coronal and sagittal views

Colored overlay shows degree of decreased vessel density



RAPID MSU

iSchemaView **RAPID**

FDA cleared to indicate "thrombectomy candidate" in neuroimaging maps
Clinically validated in 12 trials

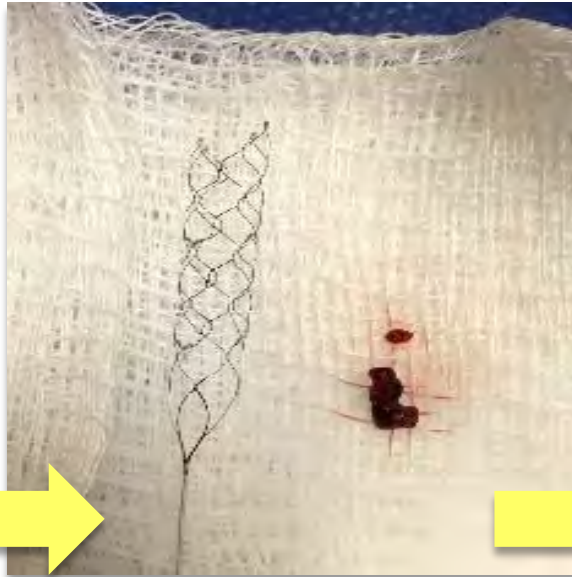


Fully-Automated, Zero-click,
Platform

Mechanical Thrombectomy



Before: Blood Vessel Occluded



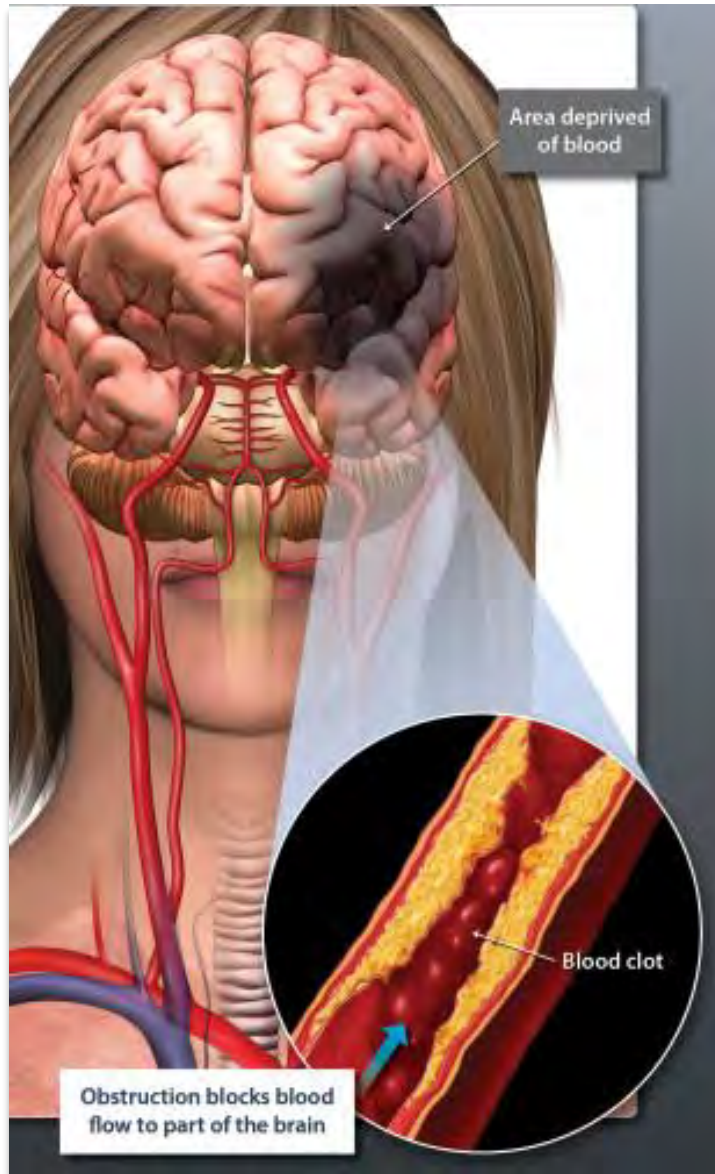
Removed



After: Return of Normal Cerebral Blood







Stroke

Ischemic

87%



IV Clot Busting Medications for Treatment of Ischemic Stroke

- Treatment is time sensitive
- Crucial to establish an accurate **last known well time**
- Treatment beyond therapeutic time window is harmful



TPA



TNK



Bolus followed by Continuous infusion over 1 hr

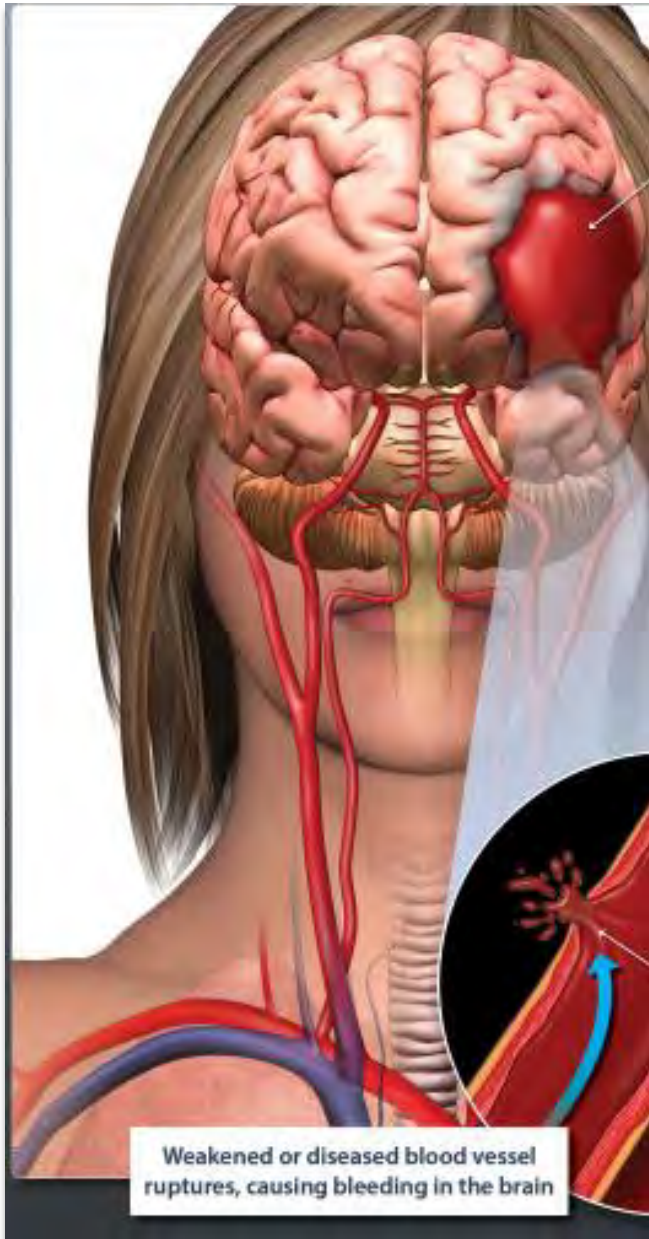
Bolus Only

What is the “Clot Buster” TPA?

Tissue Plasminogen Activator (TPA)

- Protein involved in breakdown of blood clots
- Delivered through an IV
- Time to administer is limited to **0-4.5 hrs** from symptom onset in most patients





Stroke

Hemorrhagic

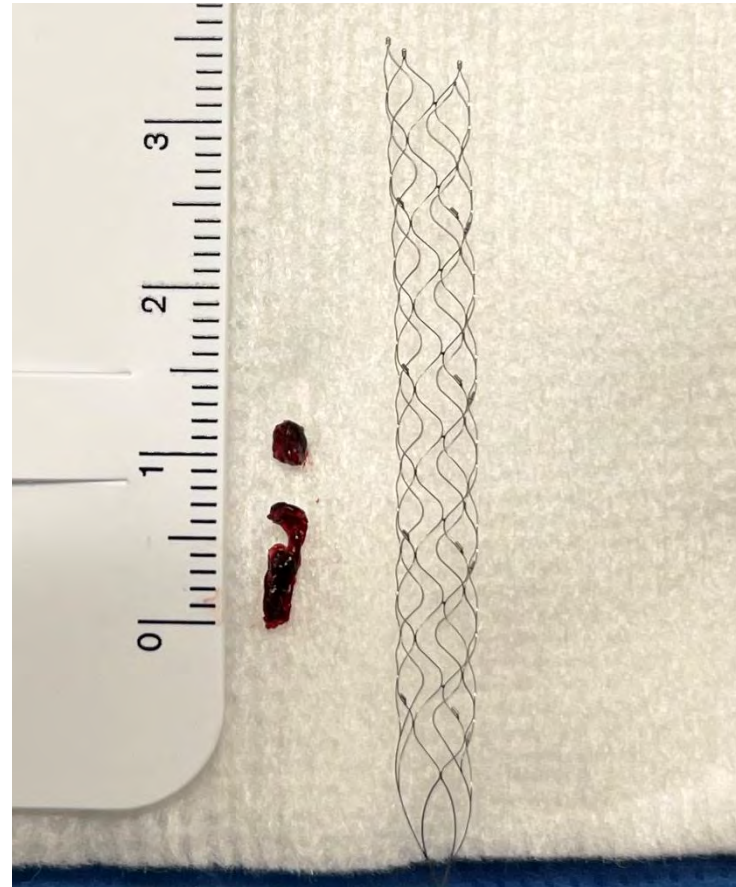
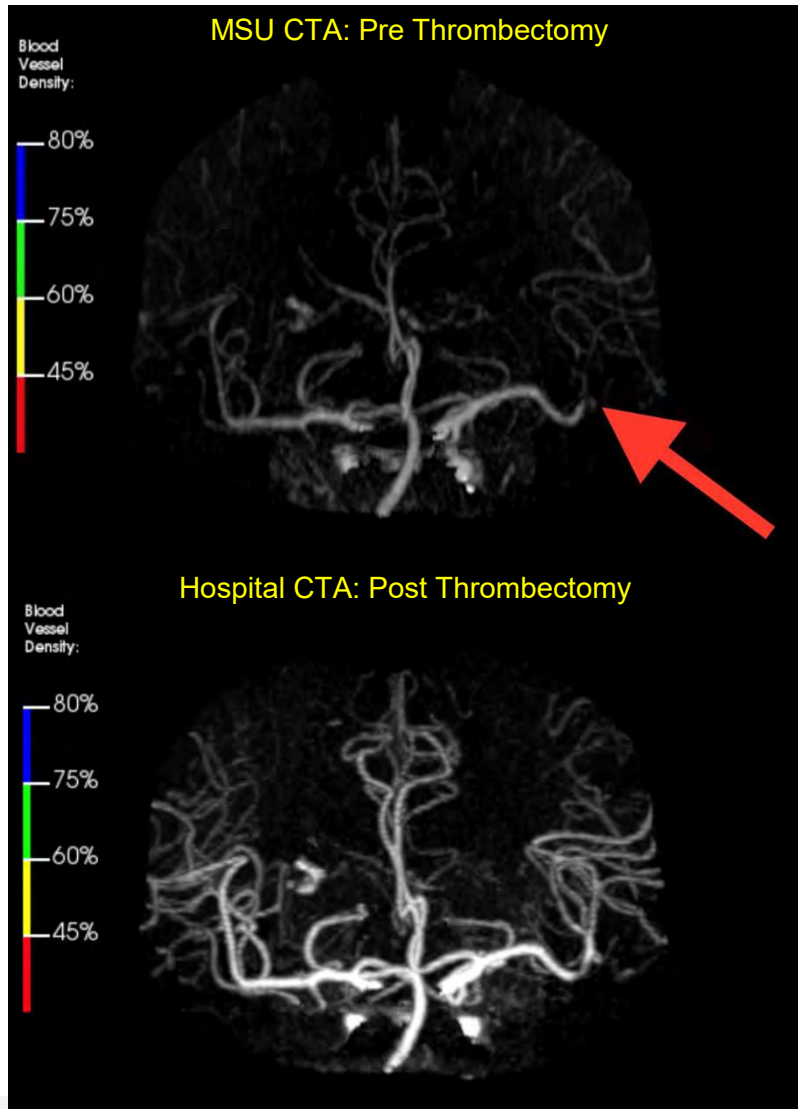
13%







Routed to CSC & Directly to Thrombectomy



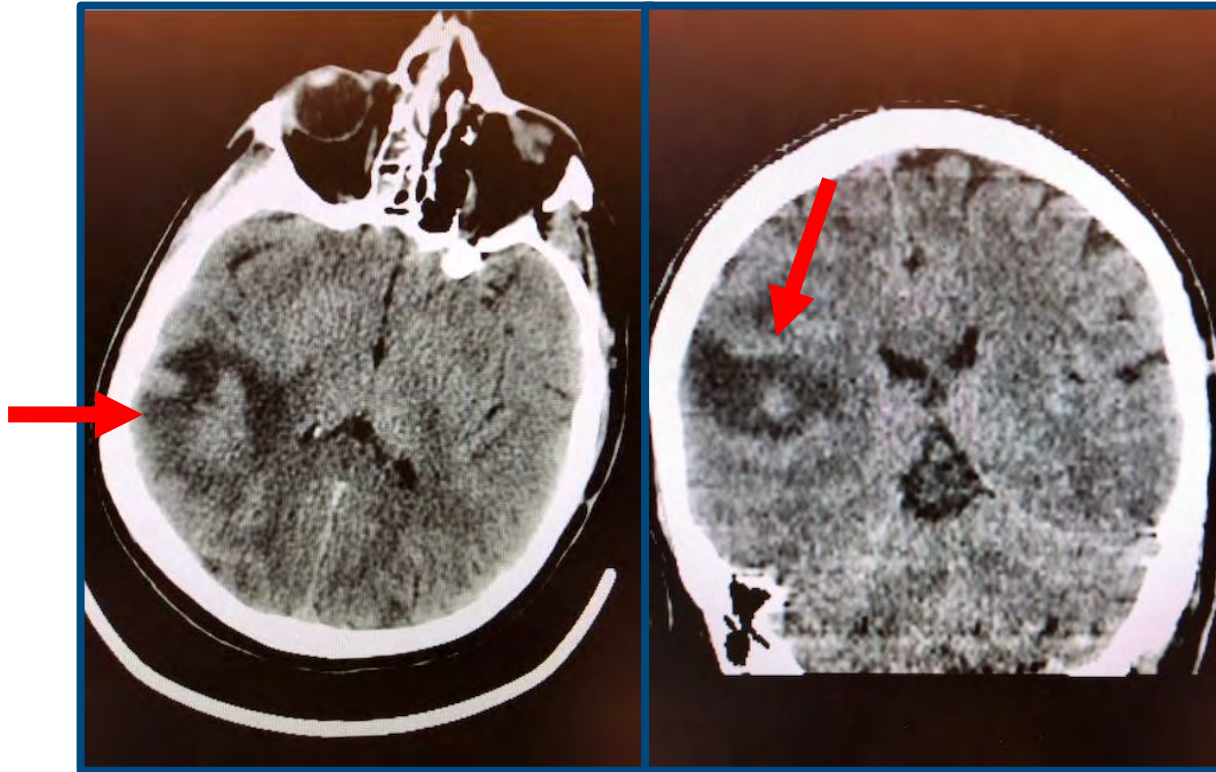
MSU Admission-to-tPA: 13 min
Last known well-to-tPA: 62 min

Door to puncture: 24 min

Dispatcher Impression: Shortness of breath then updated of call type to stroke- MSU 1 attached to call
Provider Impression: Seizure 2/2 CNS Tumor

NIHSS: 7

LAMS: 5



Clinical presentation:

46 yo M w/no prior hx of seizure presenting with left arm numbness on day prior to 911 call-prescribed brace for carpal tunnel syndrome. On day of presentation, dense left facial, facial twitching, left upper ext flaccid paralysis, generalized seizure on scene.

MRI FLAIR



POST-CON

