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Direct questions or concerns to the Commission Liaison at (310) 618-2935, or individual department head prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda.

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Any correspondence received after 2:00 p.m. on TUESDAY on any item on the agenda will be provided to the Commission electronically and available for public inspection in the City Clerk's Office. A copy of the correspondence will be available for public inspection in a binder at the back of the Council Chamber or Commission Meeting room.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, OCTOBER 7, 2025
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT 3031 TORRANCE BL.**

**THE COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commission members: Davis, Ohno, Kraemer, Wang, Montoya, Bisenieks, and Chair Hileman.

2. FLAG SALUTE

WORDS OF INSPIRATION

3. REPORT OF THE STAFF ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on Thursday, October 2, 2025.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited up to a 15-minute period)

*This portion of the meeting is reserved for comment on items on the Consent Calendar or not on the agenda. Under the Ralph M. Brown Act, the Commission cannot act on items raised during public comment, but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. **No longer than 1 minute per speaker.** If presenting handout material to Commission, please provide 10 copies to staff before speaking.*

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Commissioner from the Consent Calendar and considered separately.

6A. Approve Commission Minutes: September 2, 2025

7. ADMINISTRATIVE MATTERS

7A. ACCEPT AND FILE PRESENTATION BY CITY OF TORRANCE OFFICE OF EMERGENCY SERVICES.

Presentation by Tadashi Masumoto, Management Assistant, on Emergency and Disaster Preparedness.

7B. DISCUSS AND PROVIDE DIRECTION ON SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

- 1) **November 4, meeting** – Torrance Memorial Hospital’s Caring Companions / No One Dies Alone Program. Presentation by Mary Matson, Director of Service Excellence.
- 2) **February 3, 2026** – USC’s study on the Alzheimer’s Savvy Caregivers Program. Presentation by Dr. Maria Aranda, PhD, Professor of Social Work and Gerontology, University of Southern California Edward R. Roybal Institute of Aging.

7C. RECEIVE AND DISCUSS A TORRANCE CENTENARIAN APPLICATION

Recommendation of the Community Services Director that the Commission on Aging discuss a Centenarian nominee.

- 1) Centenarian Award applicant, Mrs. Ruth Kimiko Inadomi.
- 2) Council meeting ceremony date

7D. RECEIVE ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- City Council Activities - Commissioner Hileman
- Community Programs - Commissioner Kraemer
- Health -
- Transportation - Commissioner Montoya
- Focal Point Programs & Housing - Commissioner Wang
- Elder Abuse/Fraud - Commissioner Ohno

8. COMMISSION ORAL COMMUNICATIONS

9. ADJOURNMENT

9A. Adjournment of Commission on Aging Meeting to Tuesday, November 4, 2025, at 9:30 a.m. located in the West Annex Commission Meeting Room.



MINUTES OF A REGULAR MEETING OF THE TORRANCE COMMISSION ON AGING

1. CALL TO ORDER

The meeting convened on Tuesday, September 2, 2025 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Kraemer, Ohno, Montoya, Wang and Chair Hileman

Absent: Commissioner Davis

Also Present: Senior Recreation Supervisor Castro

2. FLAG SALUTE

Commissioner Kraemer led the Pledge of Allegiance and Commissioner Hileman provided words of inspiration.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Senior Recreation Supervisor Castro reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City’s website on Thursday, August 28, 2025 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

Recreation Supervisor Salvador Campos introduced himself to the Commission.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – August 5, 2025 Commission on Aging

MOTION: Commissioner Kraemer moved to approve the minutes of August 5, 2025 of the Commission on Aging meeting and Commissioner Wang seconded. The motion passed by a 5-0 vote. (Absent: Commissioner Davis)

7. ADMINISTRATIVE MATTERS

7A. ACCEPT AND FILE PRESENTATION BY ALZHEIMER’S LOS ANGELES

Natalie Rosemond, Director of Healthcare Services and Professional Training presented information on Alzheimer’s Los Angeles, a non-profit, and the services that they provide: helpline, caregiver workshops, caregiver tip sheets, referral tips sheets, ongoing wraparound support and services, activity programs and support groups.

There was no public comment.

MOTION: Commissioner Wang moved and Commissioner Kramer seconded, to accept and file the presentation by Alzheimer’s Los Angeles. The motion passed by a 5 to 0 vote. (Absent: Commissioner Davis)

7B. DISCUSS AND PROVIDE DIRECTION ON SPEAKERS FOR UPCOMING MEETINGS:

Chair Hileman announced the upcoming speakers:

October 7, 2025 – City of Torrance Emergency Services, Presentation by Tadashi Masumoto, Management Assistant, on Emergency and Disaster Preparedness.

November 4, 2025 – Torrance Memorial Hospital’s Caring Companions/ No One Dies Alone Program, presented by Mary Matson, Director of Service Excellence.

February 3, 2026 – USC’s study on the Alzheimer’s Savvy Caregivers Program. Presentation by Dr. Maria Arand, PhD, Professor of Social Work and Gerontology, University of Southern California Edward R. Roybal Institute of Aging.

Commissioner Ohno suggested requesting HELP to speak.

Commissioner Montoya requested a list of previous presenters and suggested having a speaker on being an executor of a will.

Commissioner Wang discussed ways to present the Commission’s speakers to a wider audience.

Senior Recreation Supervisor Castro noted that the Commission’s complete meeting agendas were posted on the website, with all attachments.

7C. RECEIVE ORAL REPORTS ON SENIOR CITIZENS CONCERNS

Commissioner Wang confirmed that she would also report on the topic of Health next month, in addition to Focal Point Programs. She added that City Council had announced that the Weingart Center home key application had formally been withdrawn. She noted that the City’s 2025-2026 budget had been approved.

1. City Council Activities

Commissioner Hileman discussed the Centenarian presentation to Mr. Billy C. Slonecker at the August 19 City Council meeting.

2. Housing and Community Programs

Commissioner Kramer announced the Mayor’s State of the City address would take place on September 12 at the Doubletree Hotel and the reception for Destination Art would take place on Saturday, September 20. She noted that the Commissioners should sign up for the City’s e-newsletter for information on all events and announced that Walteria Elementary was celebrating its 100th birthday.

3. Health

No report

4. Transportation

Commissioner Montoya commended and reported on the transit services of Connect Torrance.

5. Focal Point Programs and Elder Abuse/Fraud

Commissioner Wang discussed the work of Focal Point, noted that the Directory was available online and in print and reported the following statistics for the month of:

August 2025:

Total number of documented calls:	Web Inquiries:
Miscellaneous calls:	Total number of calls received: 59

Of the documented calls there were the following requests:

Requests for transportation	Requests for home services 27%
Requests for housing	

Elder Abuse/Fraud

Commissioner Ohno noted that there was a toll-free phone number for the AARP fraud watch network help line and a newsletter.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

None

9. ADJOURNMENT

9A. At 10:17 a.m., Commissioner Kraemer moved to adjourn the meeting the regular meeting on Tuesday, October 7, 2025, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Wang. The motion passed by a 5-0 vote. (Absent: Commissioner Davis)



OFFICE OF EMERGENCY SERVICES

1

**GET A KIT
MAKE A PLAN
BE INFORMED**

2

GET A KIT

Under-Bed Bag

- Flashlight
- Shoes
- Gloves
- Dust mask
- Whistle
- Glasses



3

GET A KIT

Go Bag 3-5 Days

- Flashlight, portable radio, extra batteries
- First Aid Kit: gauze, bandages, disinfectants, gloves
- Prescription medication to last 7 days
- Special needs equipment
- Important documents (wills, insurance, birth certificates)
- Important numbers (credit cards, banking, licenses)
- Money (small bills)

4

GET A KIT

Household 5 – 7 Days

- Fire extinguisher (ABC type)
- Clothing (warm clothes, undergarments, shoes)
- Duct tape, knife, shovel, rope
- Water 3-6 gallons per person
- Cooking tools (Camp stove, fuel, matches)
- Nonperishable food (dried fruit, canned food)
- Toiletries (dental hygiene, shampoo, soap)

5

MAKE A PLAN

6

MAKE A PLAN

- Practice escaping
- Plan two escape routes
- Keep walking aids near you at all times
- Keep emergency supplies at your bedside or by exit
- Find two people you trust who will check on you after a disaster

7

MAKE A PLAN

FIRE

- See or smell smoke evacuate then call 911
- Before opening doors check if they are hot
- Protect your head by covering with cloth
- Stay low, if possible, under the smoke
- Use stairway not elevator
- Never go back inside



8

MAKE A PLAN

EARTHQUAKE

**DROP or LOCK
COVER
HOLD ON**



If You Feel Shaking or Get an Alert:



EarthquakeCountry.org/step5



9

MAKE A PLAN

SHELTER IN PLACE

- Go inside
- Close doors, windows, vents, fireplaces
- Use cloth, blankets, or tape to seal edges
- Move away from windows and move to the interior of dwelling
- Move to higher level of building, if possible

10

MAKE A PLAN

SHELTER IN PLACE

If Driving:

- Continue driving
- Close windows and vents
- Turn radio to AM 1620
CitiSOUNDS

If in a Parked Car:

- DO NOT start the engine
- Close windows and vents
- Turn radio to AM 1620
CitiSOUNDS

11

PETS

- Keep license and ID current with your phone number
- Build a kit
 - Leash, food, water, toys, bedding, bags



12

BE INFORMED

- Radio – AM 1620, AM 1070, 97.1 FM
- Community Warning Sirens
- Wireless Emergency Alerts (WEAs)
- TorranceAlerts



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QUESTIONS

Tadashi Masumoto
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(310) 618-5725

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